

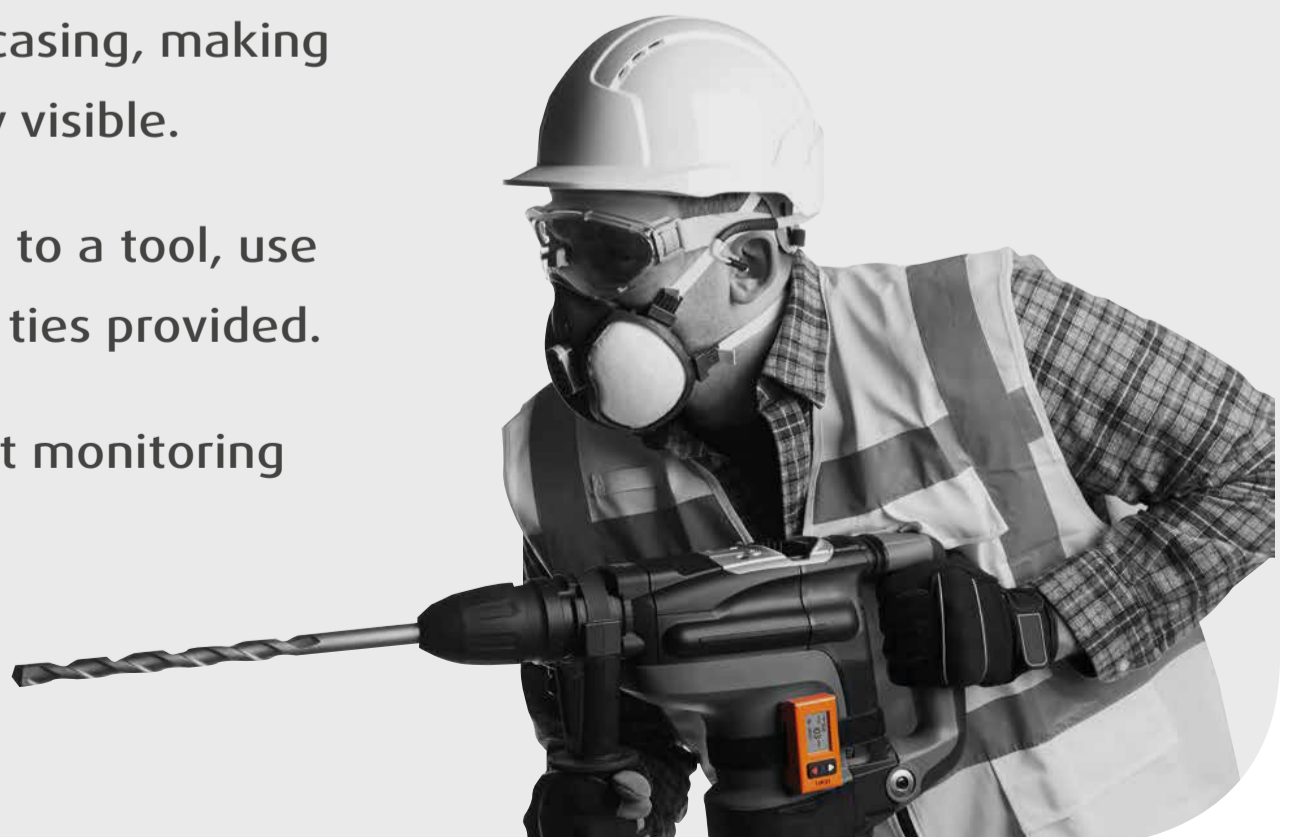


KEEP HANDS SAFE™

How to set up your HAVi

The HAVi (Hand Arm Vibration indicator) is designed to measure actual exposure to vibration (Trigger Time) and help reduce the risk of developing HAVS (Hand Arm Vibration Syndrome). The device measures real tool time and displays exposure points as recommended by the HSE (Health and Safety Executive).

1. To switch the unit on press and hold the red and white buttons for 5 seconds, then release and the light will begin to flash.
2. Press the white button to change the vibration magnitude.
3. Press the red button to lock the digit and move on to the next.
4. If you're using a HAVi HD case, slot the device into the casing, making sure the screen is clearly visible.
5. To securely fix your HAVi to a tool, use the velcro strap or cable ties provided.
6. You're now ready to start monitoring your vibration.





KEEP HANDS SAFE™

HAVS PREVENTION

A

Do you need to use vibratory tools?

If yes, are the tools serviced, maintained and fitted with accessories or inserts in good condition.

= **ASSESS**

C

Do you know how to reduce your Exposure?

Choose the most appropriate low vibration tool. Keep your hands warm, wear gloves, stop smoking, grip tools lightly.

= **CONSIDER**

T

Do you know the HAV legal exposure levels?

Use the HAVi to monitor your time and exposure.
100pts Exposure Action Value. 400pts Exposure Limit Value.

= **TIME**



KEEP HANDS SAFE™

HAVS PREVENTION

C

Do your fingers go white on exposure to the cold?

= CIRCULATION

H

Lack of dexterity, numbness, loss of strength, pins and needles?

= HANDS

E

Keep your exposure to a minimum. Is there an alternative?

= EXPOSURE

C

Report any symptoms to your supervisor.

= CHECK UPS

K

Ensure you always monitor & understand levels of exposure.

= KEEP MONITORING